

1D. WAS AN OPINION REQUESTED ABOUT THIS CONDITION (*internal VA only*)?

SECTION II - MEDICAL HISTORY

2B. DOES THE VETERAN REPORT THAT FLARE-UPS IMPACT THE FUNCTION OF THE HIP OR THIGH?

IF YES, DOCUMENT THE VETERAN'S DESCRIPTION OF THE IMPACT OF FLARE-UPS IN HIS OR HER OWN WORDS:

☐ YES ☐ NO

SECTION III - INITIAL RANGE OF MOTION (ROM) MEASUREMENTS

Following the initial assessment of ROM, perform repetitive use testing. For VA purposes, repetitive use testing must be included in all joint exams. The VA has determined that 3 repetitions of ROM (at a minimum) can serve as a representative test of the effect of repetitive use. After the initial measurement, reassess ROM after 3 repetitions. Report post-test measurements in question 4A.

3A. INITIAL ROM MEASUREMENTS

Hip	Joint Movement	ROM Measurement	If ROM testing is not indicated for the veteran's condition or not able to be performed, please explain why, and then proceed to Section 5:
RIGHT HIP All Normal	Flexion (normal endpoint = 125 degrees)	☐ Not indicated ☐ Not able to perform	
	Extension/ Hyperextension (normal endpoint = 30 degrees)	☐ Not indicated ☐ Not able to perform	
	Abduction (normal endpoint = 45 degrees)	☐ Not indicated ☐ Not able to perform	
	Adduction (normal endpoint = 25 degrees)	☐ Not indicated ☐ Not able to perform	
		Is adduction limited such that the Veteran cannot cross legs ☐ Yes ☐ No	
	External Rotation (normal endpoint = 60 degrees)	☐ Not indicated ☐ Not able to perform	
	Internal Rotation (normal endpoint = 40 degrees)	☐ Not indicated ☐ Not able to perform	

4A. POST-TEST ROM MEASUREMENTS (Continued)

4B. DO ANY POST-TEST ADDITIONAL LIMITATIONS OF ROMs NOTED ABOVE CONTRIBUTE TO FUNCTIONAL LOSS?

☐ YES (*you will be asked to further describe these limitations in Section 6 below*)

☐ NO, EXPLAIN WHY THE POST-TEST ADDITIONAL LIMITATIONS OF ROMs DO NOT CONTRIBUTE:

5A. ROM MOVEMENTS PAINFUL ON ACTIVE, PASSIVE AND/OR REPETITIVE USE TESTING

5B. PAIN WHEN USED IN WEIGHT-BEARING OR IN NON WEIGHT-BEARING	
---	--

5C. LOCALIZED TENDERNESS OR PAIN ON PALPATION	
---	--

5D. COMMENTS, IF ANY:	
-----------------------	--

SECTION VI - FUNCTIONAL LOSS AND ADDITIONAL LIMITATION OF ROM

NOTE: The VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes.

Using information from the history and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of ROM after repetitive use for the joint or extremity being evaluated on this DBQ:

6A. CONTRIBUTING FACTORS OF DISABILITY (check all that apply and indicate side affected):

- | | | | |
|---|--------------------------------|-------------------------------|-------------------------------|
| ☐ No functional loss for <u>left</u> lower extremity attributable to claimed condition | ☐ Right | ☐ Left | ☐ Both |
| ☐ No functional loss for <u>right</u> lower extremity attributable to claimed condition | | | |
| ☐ Less movement than normal (<i>due to ankylosis, limitation or blocking, adhesions, tendon-tie-ups, contracted scars, etc.</i>) | ☐ Right | ☐ Left | ☐ Both |
| ☐ More movement than normal (<i>from flail joints, resections, nonunion of fractures, relaxation of ligaments, etc.</i>) | ☐ Right | ☐ Left | ☐ Both |
| ☐ Weakened movement (<i>due to muscle injury, disease or injury of peripheral nerves, divided or lengthened tendons, etc.</i>) | ☐ Right | ☐ Left | ☐ Both |
| ☐ Excess fatigability | ☐ Right | ☐ Left | ☐ Both |
| ☐ Incoordination, impaired ability to execute skilled movements smoothly | ☐ Right | ☐ Left | ☐ Both |
| ☐ Pain on movement | ☐ Right | ☐ Left | ☐ Both |
| ☐ Swelling | ☐ Right | ☐ Left | ☐ Both |
| ☐ Deformity | ☐ Right | ☐ Left | ☐ Both |
| ☐ Atrophy of disuse | ☐ Right | ☐ Left | ☐ Both |
| ☐ Instability of station | ☐ Right | ☐ Left | ☐ Both |
| ☐ Disturbance of locomotion | ☐ Right | ☐ Left | ☐ Both |
| ☐ Interference with sitting | ☐ Right | ☐ Left | ☐ Both |
| ☐ Interference with standing | ☐ Right | ☐ Left | ☐ Both |
| ☐ Other, describe: | | | |

NOTE: If any of the above factors is/are associated with limitation of motion, the examiner must give an opinion on whether pain, weakness, fatigability, or incoordination could significantly limit functional ability during flare-ups or when the joint is *used repeatedly over a period of time* and that opinion, if feasible, should be expressed in terms of the degree of additional ROM loss due to pain on use or during flare-ups. The following section will assist you in providing this required opinion.

6B. ARE ANY OF THE ABOVE FACTORS ASSOCIATED WITH LIMITATION OF MOTION?

- ☐ YES (If yes, complete questions 6C and 6D)
- ☐ NO (If no, proceed to question 6D)

6C. CONTRIBUTING FACTORS OF DISABILITY ASSOCIATED WITH LIMITATION OF MOTION

Hip	Can pain, weakness, fatigability, or incoordination significantly limit functional ability during flare-ups or when the joint is <i>used repeatedly over a period of time?</i>	If yes, please estimate ROM due to pain and/or functional loss during flare-ups or when the joint is used repeatedly over a period of time:		If there is a functional loss due to pain, during flare-ups and/or when the joint is used repeatedly over a period of time but the limitation of ROM cannot be estimated, please describe the functional loss:
RIGHT HIP	☐ Yes ☐ No	Flexion	_____ ☐ Est. ROM is not feasible	
		Extension	_____ ☐ Est. ROM is not feasible	
		Abduction	_____ ☐ Est. ROM is not feasible	
		Adduction	_____ ☐ Est. ROM is not feasible	
		External Rotation	_____ ☐ Est. ROM is not feasible	
		Internal Rotation	_____ ☐ Est. ROM is not feasible	

6C. CONTRIBUTING FACTORS OF DISABILITY ASSOCIATED WITH LIMITATION OF MOTION (Continued)

6D. CONTRIBUTING FACTORS OF DISABILITY NOT ASSOCIATED WITH LIMITATION OF MOTION

RIGHT HIP ☐ Yes ☐ No If yes, describe:

LEFT HIP ☐ Yes ☐ No If yes, describe:

7A. MUSCLE STRENGTH - RATE STRENGTH ACCORDING TO THE FOLLOWING SCALE:

Hip	Flexion/ Extension	Rate Strength	Is there a reduction in muscle strength?	If yes, is the reduction entirely due to the claimed condition in the Diagnosis section?	If no (the reduction is not entirely due to the claimed condition), provide rationale:
RIGHT HIP	Flexion	/5	☐ Yes ☐ No	☐ Yes ☐ No	
All Normal	Extension	/5			
	Abduction	/5			
LEFT HIP	Flexion	/5	☐ Yes ☐ No	☐ Yes ☐ No	
All Normal	Extension	/5			
	Abduction	/5			

☐ YES ☐ NO

☐ YES ☐ NO IF NO, PROVIDE RATIONALE:

LOCATION OF MUSCLE ATROPHY:

CIRCUMFERENCE OF MORE NORMAL SIDE: CM CIRCUMFERENCE OF ATROPHIED SIDE: CM

CIRCUMFERENCE OF MORE NORMAL SIDE: CM CIRCUMFERENCE OF ATROPHIED SIDE: CM

SECTION VII - MUSCLE STRENGTH TESTING (Continued)

7C. COMMENTS, IF ANY:

SECTION VIII - ANKYLOSIS

NOTE: Ankylosis is the immobilization and consolidation of a joint due to disease, injury or surgical procedure.

COMPLETE THIS SECTION IF THE VETERAN HAS ANKYLOSIS OF THE KNEE AND/OR LOWER LEG.

8A. INDICATE SEVERITY OF ANKYLOSIS AND SIDE AFFECTED (*check all that apply*):

RIGHT SIDE:

- ☐ Favorable, in flexion at an angle between 20 and 40 degrees, and slight abduction or adduction
- ☐ Intermediate, between favorable and unfavorable
- ☐ Unfavorable, extremely unfavorable ankylosis, foot not reaching ground, crutches needed
- ☐ No ankylosis

LEFT SIDE:

- ☐ Favorable, in flexion at an angle between 20 and 40 degrees, and slight abduction or adduction
- ☐ Intermediate, between favorable and unfavorable
- ☐ Unfavorable, extremely unfavorable ankylosis, foot not reaching ground, crutches needed
- ☐ No ankylosis

8B. COMMENTS, IF ANY:

SECTION IX - ADDITIONAL COMMENTS

9A. DOES THE VETERAN HAVE MALUNION OR NONUNION OF FEMUR, FLAIL HIP JOINT OR LEG LENGTH DISCREPANCY?

☐ YES ☐ NO

IF YES, INDICATE CONDITION AND COMPLETE THE APPROPRIATE SECTIONS BELOW:

☐ MALUNION OR NONUNION OF THE FEMUR

- | | | | |
|--|--------------------------------|-------------------------------|-------------------------------|
| ☐ MALUNION WITH SLIGHT HIP DISABILITY | ☐ RIGHT | ☐ LEFT | ☐ BOTH |
| ☐ MALUNION WITH MODERATE HIP DISABILITY | ☐ RIGHT | ☐ LEFT | ☐ BOTH |
| ☐ MALUNION WITH MARKED HIP DISABILITY | ☐ RIGHT | ☐ LEFT | ☐ BOTH |
| ☐ FRACTURE OF SURGICAL NECK WITH FALSE JOINT | ☐ RIGHT | ☐ LEFT | ☐ BOTH |
| ☐ FRACTURE OF SHAFT OR NECK (<i>anatomical</i>), RESULTING IN NONUNION WITHOUT LOOSE MOTION; WEIGHT-BEARING PRESERVED WITH AID OF A BRACE | ☐ RIGHT | ☐ LEFT | ☐ BOTH |
| ☐ FRACTURE OF SHAFT OR NECK (<i>anatomical</i>), WITH NONUNION WITH LOOSE MOTION (<i>spiral or oblique fracture</i>) | ☐ RIGHT | ☐ LEFT | ☐ BOTH |

NOTE: If impairment of the femur causes any knee disability, also complete the VA Form 21-0960M-9 Knee and Lower Leg Conditions DBQ.☐ FLAIL HIP JOINTINDICATE SIDE AFFECTED: ☐ RIGHT ☐ LEFT ☐ BOTH☐ LEG LENGTH DISCREPANCY (*shortening of any bones of the lower extremity*)IF CHECKED, PROVIDE LENGTH OF EACH LOWER EXTREMITY IN INCHES (*to the nearest 1/4 inch*) OR CENTIMETERS, MEASURING FROM THE ANTERIOR SUPERIOR ILIAC SPINE TO THE INTERNAL MALLEOLUS OF THE TIBIA.RIGHT LEG: _____ ☐ CM ☐ IN LEFT LEG: _____ ☐ CM ☐ IN

FOR ANY LEG LENGTH DISCREPANCY, PLEASE DESCRIBE THE RELATIONSHIP TO THE CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE:

9B. COMMENTS, IF ANY:

10. INDICATE ANY SURGICAL PROCEDURES THAT THE VETERAN HAS HAD PERFORMED AND PROVIDE THE ADDITIONAL INFORMATION AS REQUESTED (*check all that apply*):

LEFT SIDE:

- ☐ TOTAL HIP JOINT REPLACEMENT

DATE OF SURGERY: _____

RESIDUALS:

☐ None

☐ Moderately severe residuals of weakness, pain or limitation of motion

☐ Markedly severe residual weakness, pain or limitation of motion following implantation of prosthesis

☐ Following implantation of prosthesis with painful motion or weakness such as to require the use of crutches

☐ Other, describe: _____

- ☐ ARTHROSCOPIC OR OTHER HIP SURGERY
TYPE OF SURGERY: _____
DATE OF SURGERY: _____

- ☐ RESIDUALS OF ARTHROSCOPIC OR OTHER HIP SURGERY
DESCRIBE RESIDUALS:

11A. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS, OR ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

- 11B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS OR SYMPTOMS RELATED TO ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

- ☐ YES ☐ NO IF YES, DESCRIBE (*brief summary*):

11C. DOES THE VETERAN HAVE ANY SCARS (*surgical or otherwise*) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN THE DIAGNOSIS SECTION ABOVE?

- ☐ YES ☐ NO

IF YES, ARE ANY OF THESE SCARS PAINFUL OR UNSTABLE; HAVE A TOTAL AREA EQUAL TO OR GREATER THAN 39 SQUARE CM (6 square inches); OR ARE LOCATED ON THE HEAD, FACE OR NECK?

- ☐ YES ☐ NO IF YES, ALSO COMPLETE VA FORM 21-0960F-1, SCARS/DISFIGUREMENT.

IF NO, PROVIDE LOCATION AND MEASUREMENTS OF SCAR IN CENTIMETERS.

Location: _____ Measurements: length _____ cm X width _____ cm.

NOTE: An "unstable scar" is one where, for any reason, there is frequent loss of covering of the skin over the scar. If there are multiple scars, enter additional locations and measurements in Comment section below. It is not necessary to also complete a Scars DBQ.

11D. COMMENTS, IF ANY:

12A. DOES THE VETERAN USE ANY ASSISTIVE DEVICES AS A NORMAL MODE OF LOCOMOTION, ALTHOUGH OCCASIONAL LOCOMOTION BY OTHER METHODS MAY BE POSSIBLE?

- ☐ YES ☐ NO IF YES, IDENTIFY ASSISTIVE DEVICES USED (*check all that apply and indicate frequency*):

- | | | | | | |
|--------------------------|------------|-------------------|-------------------------------------|----------------------------------|-----------------------------------|
| ☐ | Wheelchair | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |
| ☐ | Brace | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |
| ☐ | Crutches | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |
| ☐ | Cane | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |
| ☐ | Walker | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |
| ☐ | Other: | Frequency of use: | ☐ Occasional | ☐ Regular | ☐ Constant |

12B. IF THE VETERAN USES ANY ASSISTIVE DEVICES, SPECIFY THE CONDITION AND IDENTIFY THE ASSISTIVE DEVICE USED FOR EACH CONDITION:

				-					-				
--	--	--	--	---	--	--	--	--	---	--	--	--	--

SECTION XIII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES

13. DUE TO THE VETERAN'S HIP OR THIGH CONDITIONS, IS THERE FUNCTIONAL IMPAIRMENT OF AN EXTREMITY SUCH THAT NO EFFECTIVE FUNCTIONS REMAIN OTHER THAN THAT WHICH WOULD BE EQUALLY WELL SERVED BY AN AMPUTATION WITH PROTHESIS? *(Functions of the upper extremity include grasping, manipulation, etc., while functions for the lower extremity include balance and propulsion, etc.)*

- ☐ YES, FUNCTIONING IS SO DIMINISHED THAT AMPUTATION WITH PROTHESIS WOULD EQUALLY SERVE THE VETERAN.
☐ NO

IF YES, INDICATE EXTREMITIES FOR WHICH THIS APPLIES: ☐ RIGHT LOWER ☐ LEFT LOWER

FOR EACH CHECKED EXTREMITY, IDENTIFY THE CONDITION CAUSING LOSS OF FUNCTION, DESCRIBE LOSS OF EFFECTIVE FUNCTION AND PROVIDE SPECIFIC EXAMPLES *(brief summary)*:

NOTE: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

SECTION XIV - DIAGNOSTIC TESTING

NOTE: Testing listed below is not indicated for every condition. The diagnosis of degenerative arthritis (osteoarthritis) or traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

14A. HAVE IMAGING STUDIES OF THE HIP OR THIGH BEEN PERFORMED AND ARE THE RESULTS AVAILABLE?

- ☐ YES ☐ NO

IF YES, IS DEGENERATIVE OR TRAUMATIC ARTHRITIS DOCUMENTED?

- ☐ YES ☐ NO IF YES, INDICATE HIP: ☐ RIGHT ☐ LEFT ☐ BOTH

14B. ARE THERE ANY OTHER SIGNIFICANT DIAGNOSTIC TEST FINDINGS OR RESULTS?

- ☐ YES ☐ NO IF YES, PROVIDE TYPE OF TEST OR PROCEDURE, DATE AND RESULTS *(brief summary)*:

14C. IS THERE OBJECTIVE EVIDENCE OF CREPITUS?

- ☐ YES ☐ NO IF YES, INDICATE HIP: ☐ RIGHT ☐ LEFT ☐ BOTH

14D. IF ANY TEST RESULTS ARE OTHER THAN NORMAL, INDICATE RELATIONSHIP OF ABNORMAL FINDINGS TO DIAGNOSED CONDITIONS:

SECTION XV - FUNCTIONAL IMPACT

NOTE: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

15. REGARDLESS OF THE VETERAN'S CURRENT EMPLOYMENT STATUS, DO THE CONDITION(S) LISTED IN THE DIAGNOSIS SECTION IMPACT HIS OR HER ABILITY TO PERFORM ANY TYPE OF OCCUPATIONAL TASK *(such as standing, walking, lifting, sitting, etc.)*?

- ☐ YES ☐ NO IF YES, DESCRIBE THE FUNCTIONAL IMPACT OF EACH CONDITION, PROVIDING ONE OR MORE EXAMPLES:

				-				-				
--	--	--	--	---	--	--	--	---	--	--	--	--

SECTION XVI - REMARKS

16. REMARKS, IF ANY:

SECTION XVII - PHYSICIAN'S CERTIFICATION AND SIGNATURE

CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.

17A. PHYSICIAN'S SIGNATURE

17B. PHYSICIAN'S PRINTED NAME

17C. DATE SIGNED

17D. PHYSICIAN'S PHONE/FAX NUMBERS

17E. NATIONAL PROVIDER IDENTIFIER (NPI) NUMBER

17F. PHYSICIAN'S ADDRESS

NOTE: VA may request additional medical information, including additional examinations, if necessary to complete VA's review of the veteran's application.**IMPORTANT** - Physician please fax the completed form to _____

(VA Regional Office FAX No.)

NOTE: A list of VA Regional Office FAX Numbers can be found at www.vba.va.gov/disabilityexams or obtained by calling 1-800-827-1000.

PRIVACY ACT NOTICE: VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58/VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the Federal Register. Your obligation to respond is required to obtain or retain benefits. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.

RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete the form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.